Austin Society of Karate Gear Information

Welcome to your child's new karate session. We are thrilled to have you in our program!

We hope the following information will be helpful for you as you plan for your child's martial arts journey.

With your child's safety in mind, we have set forth the following safety gear requirements for all students in the Austin Society of Karate. We offer all of the items listed below for sale in class through their instructor. We use Foam safety gear in our program and find that it is comfortable and safe.

White Belts
Uniform $45
Mouth Guards $5
Cup and Supporters $10
*Uniforms should be embroidered with your child's first name in 2" block letters on the upper back of the uniform. Embroidery is offered in our Dittmar Recreation Center and Lockhart ISD locations.
**The Mouth Guards and Cup and Supporters (for boys) that we offer for sale are very basic. If you prefer a different style, we encourage you to consider a trip to a sporting good store as a point of comparison.

Orange Belts
Foot Gear: $35
*We recommend ordering foot gear one size larger, as children tend to outgrow the gear before they wear it out.
**Hard bottom foot gear is NOT allowed in our program.

Green Belts and Higher
Hand Gear $35
Head Gear $40
Face Shield $55
*We recommend ordering size medium or large in hand gear, for added coverage for the hand and forearm.
**We recommend ordering head gear one size larger to allow room for growth and comfort for the child.

Optional
Shin Guards $30 - Some children report shin sensitivity when sparring if they make contact with an opponents legs. Shin guards are helpful to reduce that sensitivity. Kicking below the belt is prohibited in our program, but accidental clashes can happen periodically.

Please purchase all required gear at the **beginning of the session** to prevent issues with delivery time prior to the tournament.